

## Naval Hospital Bremerton COVID-19 and Flu Information

## **COVID-19 AND FLU VACCINES**

The Immunization Clinic at Naval Hospital Bremerton (located on the 3rd Floor, Family Care Center, next to Pediatrics) has initial COVID-19 and Flu vaccines available on a walk-in basis for patients ages 6 months and older.

COVID-19 bivalent boosters are available by appointment only. For appointments, scan QR code labeled SCAN ME or visit https://informatics-stage.health.mil/DAP/.

Mon-Wed-Thurs-Fri: 0745-1145 and 1300-1530

Tuesdays: 0945-1145 and 1300-1530





## **SELF-CARE GUIDANCE**

Immunization Clinic hours of operation:

Patients with a positive (+) COVID-19 home test and symptoms, should stay home and follow the CDC guidelines for isolation (www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html).

For **free at-home test kits** scan this QR code or visit <a href="https://www.sayyescovidhometest.org/index.html">https://www.sayyescovidhometest.org/index.html</a>.

At-home COVID-19 tests are also now available at no cost at many organizations throughout Kitsap County, such as food banks or library branches.



If sick with FLU symptoms, stay home and avoid contact with other people except to get medical care.

Patients with respiratory symptoms in a higher-risk group, or very sick and/or worried about your illness may call the **Puget Sound Military Appointing Center (PSMAC) at 1-800-404-4506** to **schedule an appointment** with their primary care manager (PCM) for evaluation, testing may be performed at that time as necessary.

PSMAC hours of operation: Monday - Friday 0600-1800; closed Saturday and Sunday

**After Hours and Weekends**: Patients may utilize the Urgent Care Clinic for evaluation or call the **Nurse Advice Line** at **1-800-874-2273 (option 1)** any time, 24 hours a day/7 days a week, for home care advice.

## **COVID-19 TESTING**

COVID-19 TEST-AND-GO SERVICES ARE NO LONGER AVAILABLE at the hospital.

Official and Operational Travel Testing: Contact your respective Primary Care Clinic for guidance and testing.

**Pre-Operative Testing:** Contact your surgeon for further instructions and testing information.

**Confirmatory Testing:** Highly encouraged for Active Duty members, but not required. Contact your PCM.