

Congratulations! Let's go over the list of what you need to after the Birth of Your Child!

1. Enroll your newborn in the electronic health record MHS GENESIS from Patient Admin Department [360-475-4616] or Medical Records [475-4798].
Contact Pediatrics if help is needed.
2. Schedule baby's first new born care appointment (3-5 days old).
3. Obtain baby's social security card.
4. Get your baby's birth certificate.
5. Enroll your baby in DEERS:
<https://www.tricare.mil/DEERS>
6. Contact TRICARE [888-TRIWEST (874-9378) to get baby on your insurance.
7. Select your baby's primary care manager.

Lactation Support:

If you are interested in lactation support and are a patient at NHB, call 360-475-4236 to get scheduled with RN Christina Longbons.

Circumcision Procedure:

If you are interested in a circumcision procedure for male newborns, NHB Pediatric and Family Medicine Clinics provide this service as an outpatient procedure.

Circumcisions can be scheduled anywhere from baby being three days old (typically after your first NBCC appointment) and up to two weeks of life.

Circumcisions are typically completed in the morning, requiring 30 minutes for procedure time and two hours for follow-up check/care.

Please call (360) 475-4236 to schedule.



Your Step-by-Step Guide For
Care Following Your Birth Event

Newborn Follow-Up at Naval Hospital Bremerton

Contact Us:

NHB Pediatrics Clinic

360-475-4236

or

360-475-4216 [Option 5]



"Bringing life to the Pacific Northwest one heartbeat at a time"

Newborn Follow-up at NHB

Congratulations on your newest addition! We're here to guide and assist you through all the step-by-step process.

How do I schedule a follow-up?

How do I choose a primary care provider?

Where do I get my child's birth certificate?

This brochure helps to explain the process. Check off the boxes as you go.

Step 1: Live birth event at any birthing facility within the area

Step 2: Before leaving the hospital, you will be required to make a follow-up appointment for your newborn. This appointment will be completed 3-5 days from birth. You can coordinate an appointment with a local pediatrician of your choice or through NHB's Pediatrics Clinic.

Step 3: If you wish to schedule your baby's appointment at NHB, you will need to get the child registered through Medical Records or Patient Administration Department before an appointment can be made.

This allows us to see your baby in the electronic record system MHS GENESIS. If unable to schedule your newborn follow-up appointment at NHB, you may schedule with your birth facility.

Call Medical Records
360-475-4798

Located on first floor next to Main Pharmacy
Mon-Fri 8 a.m. to 4 p.m. (closed 11:30 a.m. to 12:30 p.m. for lunch)

If after 4 p.m., please call Patient Administration Department [Located on 3rd floor next to Human Resources Department] at 360-552-5296, Mon-Fri 4 p.m. to 8 p.m., Sat., Sun., and holidays from 8 a.m. to 8 p.m.

Step 4: Now that your baby is registered, you can call to make an appointment.

Call the Pediatric Clinic at 360-475-4236
Mon-Fri 7:30 a.m. to 4 p.m.

Contact RN Christina Longbons [Mon-Fri at 360-475-4236 and 360-475-4349 on weekends] to schedule an appointment at the Urgent Care Clinic (UCC), open Sat/Sun/holidays, 8 a.m. to 4 p.m.

If the UCC is closed, schedule with your birth facility if baby needs to be seen over the weekend/holiday.

When calling for your appointment, please have your birth facility name, phone number/fax available so our team can request your baby's birth & discharge records.

You can also request from the birth facility to fax your baby's records to Naval Hospital Bremerton Pediatrics
Fax: 360-475-5231

Step 5: Attend your child's first appointment. Lots of firsts to document!

Step 6: Understanding your child's insurance and medical coverage.

All infants are medically covered from Day of Life 0 to Day of Life 90.

This covers your 3-5 day check, two week, one month and two month appointments.

Your newborn must be enrolled in DEERS by Day 91 to be eligible for care.

Not all necessary treatments, medications or services are covered by Direct Care benefits and will be billed to the sponsor accordingly.

In order to prevent this from happening, you have 90 days from birth to enroll your child in DEERS and TRICARE Prime Insurance benefits.

Step 6 Continued: In order to enroll your child in DEERS, you will need an official Birth Certificate.

Birth Certificates can be obtained by mail:
Kitsap Public Health District
Attention: Vital Records
345 6th Street, Suite #300
Bremerton WA 98337

In-person, Monday-Friday 9 a.m. to 4 p.m.

Online: <https://www.vitalchek.com>

What information do I need to get my child's Birth Certificate?

The child's name at birth, place of birth and date of birth.

Father's full name and mother's maiden name.

In some instances, you may need baby's Social Security card which should arrive 1-2 weeks following giving birth (these are papers you filled out in the hospital).

Step 7: Once you have your baby's Birth Certificate, make an appointment or walk in to your nearest CaC & ID center to get baby enrolled in DEERS at: <https://idco.dmdc.osd.mil/idco/>

You do not need your baby's SSN to register, but make sure to update DEERS when you have it.

At this time, you can get your child enrolled to either NHB Pediatrics or Family Medicine. See TRICARE PRIME and DEERS Enrollment handout for more info.

If you have any difficulties enrolling your child into DEERS, please call the DMDC/DEERS Support Office at (800) 538-9552.