

## OPHTHALMOLOGY & REFRACTIVE SURGERY CENTER

Naval Hospital, Bremerton



Tuesday, December 27, 2016

To Whom It May Concern:

The patient presenting this letter is interested in undergoing refractive surgery. As part of our evaluation for surgery, our clinic would like to request your opinion on the stability of this patient's mental health condition and his/her suitability for elective eye surgery.

When providing your opinion, keep in mind there are no guarantees regarding visual outcomes from the procedures. A less than ideal outcome or a worse than expected outcome based upon patient expectations are additional factors that may contribute to the patient's post-operative mental health status. For most refractive surgery candidates, the surgical outcome will result in benefits that affect his/her life in a very positive manner; however, known side effects as well as unforeseen complications may arise post-operatively and contribute to a patient's mental health stability in a negative way.

In addition, our center requires documentation for any surgical candidate who is also being treated with any and all anti-depression/anti-anxiety medications. Dosages for these medications must be stable for a minimum of 2 months prior to consideration for refractive surgery and have no immediate plans for dosage changes within 2 months of surgery.

Please provide a letter indicating your recommendation for or against surgery as it pertains to his/her mental health diagnosis and treatment. Your assessment is essential in our decision as to whether this patient is a good overall candidate for refractive surgery.

Thank you for your time and assistance with this case.

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